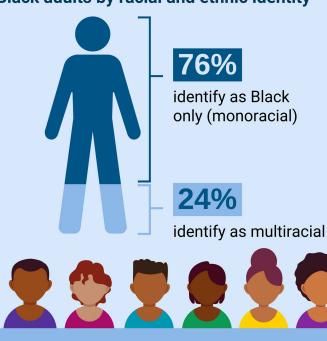
Variation in unmet mental health needs among Black adult groups



A study by the UCLA Center for Health Policy Research reports that the unmet need for mental health services among Black adults in California is higher for adults identifying as multiracial Black and Latinx and adults who are non-native.

Demographics of Black Adults in California

Black adults by racial and ethnic identity



Of the 24% identifying as multiracial ...

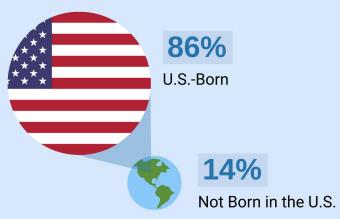
13%

3%

7%

Black and Latinx Black and white Black and other*

Black adults by nativity



Needed Mental Health Services

Among Black adults who reported serious or moderate psychological distress

By racial identity

32%

20%

Black and white Black only

By nativity

24%

17%

U.S.-Born

Not Born in the U.S.

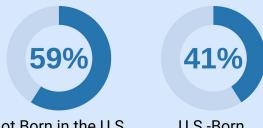
Needed But Didn't Receive Mental Health Services (Had Unmet Need)

Among Black adults who reported serious or moderate psychological distress

By racial identity

Black and Latinx **49%** 44% Black only 40% Black and white 31% Black and other

By nativity



Not Born in the U.S.

U.S.-Born



Source: 2017–2021 California Health Interview Survey Read the policy brief: https://ucla.in/3aNdvsV

^{*}Includes American Indian and Alaska Native, Asian, Native Hawaiian/Pacific Islander, or "other racial group." Note: Figures for multiracial Black groups are rounded and may not total 100%